center for Senior Wellbeing
services • activities • connections

MONTHLY ACTIVITIES
NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:00 Exercise Class 9:00 Pickleball 10:00 Fit, Fab, & Fun 10:30 Mah Jong 11:00 Just Breathe 12:00 Pinochle	**3** 9:00 Line Dancing 10:00 Beginning Line Dance 12:00 Bridge (Full) 12:30 Chair Yoga	**4** 9:00 Exercise Class 10:00 Conversational Spanish 11:00 Mah Jong 12:00 Pinochle	**5** 9:00 Line Dancing 10:00 Beginning Line Dancing 10:45 ACBL Bridge - Set Fee 12:30 Social Bridge	**6** 9:00 Exercise Class 10:00 Crochet 10:15 Beginners Ukulele 11:00 Ukulele 11:30 Bridge
9 9:00 Exercise Class 9:00 Pickleball 10:00 Fit, Fab, & Fun 10:30 Mah Jong 12:00 Pinochle	**10** 9:00 Line Dancing 10:00 Beginning Line Dance 12:00 Bridge (Full) 12:30 Chair Yoga	**11** 9:00 Exercise Class 10:00 Conversational Spanish 11:00 Mah Jong 12:00 Pinochle 12:30 Senior of the Month	**12** 9:00 Line Dancing 10:00 Beginning Line Dancing 10:45 ACBL Bridge - Set Fee 12:30 Social Bridge	**13** 9:00 Exercise Class 10:00 Crochet 10:15 Beginners Ukulele 11:00 Ukulele 11:30 Bridge
16 9:00 Exercise Class 9:00 Pickleball 10:00 Fit, Fab, & Fun 10:30 Mah Jong 12:00 Pinochle	**17** 9:00 Line Dancing 10:00 Beginning Line Dance 12:00 Bridge (Full) 12:30 Chair Yoga	**18** 9:00 Exercise Class 10:00 Conversational Spanish 11:00 Mah Jong 12:00 Pinochle	**19** 9:00 Line Dancing 10:00 Beginning Line Dancing 10:45 ACBL Bridge - Set Fee 12:30 Social Bridge	**20** 9:00 Exercise Class 10:00 Crochet 10:15 Beginners Ukulele 11:00 Ukulele 11:30 Bridge
23 9:00 Exercise Class 9:00 Pickleball 10:00 Fit, Fab, & Fun 10:30 Mah Jong 12:00 Pinochle	**24** 9:00 Line Dancing 10:00 Beginning Line Dance 12:00 Bridge (Full) 12:30 Chair Yoga	**25** 9:00 Exercise Class 10:00 Conversational Spanish 11:00 Mah Jong 12:00 Pinochle	**26** CLOSED Happy Thanksgiving	**27** CLOSED
30 9:00 Exercise Class 9:00 Pickleball 10:00 Fit, Fab, & Fun 10:30 Mah Jong 12:00 Pinochle				