

# MONTHLY MENU

## AUGUST 2026



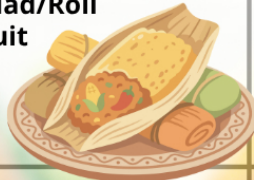
### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

|                                                                                                                                                                           |                                                                                                                                                                                                            |                                                                                                                                                                                          |                                                                                                                                                                                           |                                                                                                                                                                          |
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| <b>3</b><br>Orange Chicken<br>Vegetable<br>Barley<br>Salad/Roll<br>Fruit<br>             | <b>4</b><br>Beef Stuffed Bell<br>Pepper<br>Vegetable<br>Farro<br>Salad/Roll<br>Fruit                                                                                                                       | <b>5</b><br>Chicken Tamale<br>Vegetable<br>Mexican Rice<br>Salad/Roll<br>Fruit<br>                      | <b>6</b><br>Spaghetti &<br>Meatballs<br>Vegetable<br>Salad/Garlic Bread<br>Fruit<br>                   | <b>7</b><br>Tilapia<br>Vegetable<br>Barley<br>Salad/Roll<br>Dessert<br>               |
| <b>10</b><br>Baked Chicken<br>Vegetable<br>Sweet Potato<br>Salad/Roll<br>Fruit<br>      | <b>11</b><br>Sweet & Sour<br>Meatballs<br>Vegetable<br>Brown Rice<br>Salad/Roll<br>Fruit<br>                             | <b>12</b><br>Pork Loin<br>Vegetables<br>Mashed Potato<br>Salad/Roll<br>Fruit<br>                       | <b>13 Birthday Lunch</b><br>Pesto Bruschetta<br>Chicken<br>Vegetables<br>Baked Potato<br>Salad/Garlic Bread<br>Dessert                                                                    | <b>14</b><br>Crab Cake<br>Vegetable<br>Farro<br>Salad/Roll<br>Fruit<br>              |
| <b>17</b><br>Chicken Fettuccine<br>Alfredo<br>Pasta<br>Salad/Garlic Bread<br>Fruit<br> | <b>18</b><br>BBQ Pulled Pork on<br>Bun<br>Vegetable<br>Macaroni Salad<br>Salad/Roll<br>Fruit                                                                                                               | <b>19</b><br>Baked Herb Chicken<br>Vegetable<br>Baked Potato<br>Salad/Roll<br>Fruit<br>               | <b>20</b><br>Salisbury Steak<br>Vegetable<br>Mashed Potatoes<br>Salad/Roll<br>Fruit<br>              | <b>21</b><br>Fish Taco<br>Vegetable<br>Mexican Rice<br>Coleslaw/Roll<br>Dessert<br> |
| <b>24 TECH CONNECT</b><br>Beef Lasagna<br>Vegetable<br>Salad/Garlic Bread<br>Fruit<br> | <b>25</b><br>Bean & Cheese<br>Burrito<br>Vegetable<br>Mexican Rice<br>Salad/Roll<br>Fruit<br>                           | <b>26</b><br>Pork Chop with Salsa<br>Verde<br>Vegetables<br>Sweet Potato<br>Salad/Roll<br>Fruit                                                                                          | <b>27</b><br>Chicken Fajitas w/<br>Tortilla<br>Vegetables<br>Mexican Rice<br>Salad/Roll<br>Fruit<br> | <b>28</b><br>Curried Shrimp<br>Pasta<br>Vegetable<br>Salad/Roll<br>Dessert<br>      |
| <b>31</b><br>Ham & Cheese<br>Omelet<br>Hash Browns<br>Salad/Biscuits<br>Fruit                                                                                             | <b>DOORS OPEN AT 10:30AM</b><br>Senior lunch is available for \$5.00 for anyone 50-years or older, and \$12.00 for anyone under 50-years who is accompanying a senior. Serving starts promptly at 11:15AM. | <b>TECH CONNECT</b><br>On the fourth Monday of every month, our tech support group will be onsite during lunch to answer questions and provide help with your phones, laptops or tablets |                                                                                                       |                                                                                                                                                                          |