

Center for Senior Wellbeing Hosts the 2026 Healthy Living Faire

Free community event celebrates wellness, healthy living, and local resources for people and pets alike

FALLBROOK, CA., June 4, 2026 – The Center for Senior Wellbeing will host its annual Healthy Living Faire on Saturday, June 13, 2026, from 9:00 a.m. to 1:00 p.m. in conjunction with the Fallbrook Chamber of Commerce and the Fallbrook Farmers Market. The event will take place in downtown Fallbrook, with exhibitors and activities located between Alvarado and Hawthorne streets.

Now entering its fifth year, the Healthy Living Faire has become a popular community tradition that connects older adults, families, caregivers, and the general public with resources that support health, wellness, independence, and quality of life. This year also marks a special milestone as the first Healthy Living Faire presented by the Center for Senior Wellbeing following the organization's recent transition and expanded commitment to serving older adults across every stage of aging.

With Rancho Family Medical Group serving as the presenting sponsor, the 2026 Healthy Living Faire will feature more than 30 health-minded businesses and organizations offering information, resources, products, and services that support overall wellbeing. Attendees will have the opportunity to explore topics ranging from nutrition, fitness, and preventive health to caregiving resources, senior services, healthcare providers, emergency preparedness, and mental wellness. In addition, students from the California State University San Marcos School of Nursing will provide free health screenings, while members of the Center's Tech Support group will be available to help attendees download and set up emergency preparedness and notification apps on their smartphones.

"We believe healthy aging is about more than healthcare alone," said Joanna Costello, who leads outreach and development efforts for the Center for Senior Wellbeing. "It's about having access to information and resources, maintaining meaningful connections, staying engaged, and creating opportunities for people to thrive. The Healthy Living Faire showcases the power of a strong community support network and how organizations working together can make a real difference in the wellbeing of older adults, their families, and the broader community."

New this year, the event will also feature vendors focused on animal health and wellness, providing information, products, and services designed to help beloved pets live healthier and happier lives. This addition recognizes the important role companion animals often play in supporting physical health, emotional wellbeing, companionship, and connection for people of all ages.

The Healthy Living Faire is free and open to the public, and food and beverages will be available for purchase from nearby restaurants and vendors, making the Faire a fun and informative outing for the entire family.

Community members are encouraged to stop by, meet the vendors, learn something new, and discover the many resources available right here in Fallbrook.

For more information about the Healthy Living Faire, visit www.centerforseniorwellbeing.org or call (760) 723-7570.

About the Center for Senior Wellbeing

The Center for Senior Wellbeing is a 501(c)(3) non-profit, charitable organization dedicated to enriching the lives of older adults in the Fallbrook, Bonsall, Rainbow, and De Luz areas. The Center for Senior Wellbeing offers a comprehensive suite of essential services that promote wellbeing, connection and independence for older adults. Services include classes and activities, senior lunches, workshops and support groups, transportation, referral and support advocacy, adult daytime caregiving, volunteer opportunities, and a community thrift shop. For more information, call 760-723-7570 or visit www.centerforseniorwellbeing.org.

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The Center for Senior Wellbeing's annual Healthy Living Faire returns Saturday, June 13, offering community members the opportunity to connect with local health and wellness organizations, gather resources, and learn more about living well at every age.