

JUNE 2026 activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:00 Exercise Class 9:00 Pickle Ball 10:30 Mah Jong 11:15 Fit, Fab and Fun 12:00 Pinochle 00:00 Tai Chi ***	2 9:00 Line Dancing 10:00 Beginning Line Dancing 12:00 Bridge (Full)	3 9:00 Exercise Class 10:00 Conversational Spanish 12:00 Pinochle 12:00 Mah Jong	4 9:00 Line Dancing 10:00 Beginning Line Dancing 11:15 ACBL Bridge – Set Free 12:30 Social Bridge	5 9:00 Exercise Class 10:00 Ukelele Lessons 11:00 Ukelele Practice 11:30 Bridge 12:00 Camera Club 1:00 Fix-It-Friday* 00:00 Tai Chi ***
8 9:00 Exercise Class 9:00 Pickle Ball 10:00 Just Breath 10:30 Mah Jong 11:15 Fit, Fab and Fun 12:00 Pinochle 00:00 Tai Chi ***	9 9:00 Line Dancing 10:00 Beginning Line Dancing 12:00 Bridge (Full) 12:30 Chair Yoga	10 9:00 Exercise Class 10:00 Conversational Spanish 12:00 Pinochle 12:00 Mah Jong 12:30 SENIOR OF THE MONTH	11 9:00 Line Dancing 10:00 Beginning Line Dancing 11:15 ACBL Bridge – Set Free 12:30 Social Bridge	12 9:00 Exercise Class 10:00 Ukelele Lessons 11:00 Ukelele Practice 11:30 Bridge 1:00 Fix-It-Friday* 00:00 Tai Chi ***
15 9:00 Exercise Class 9:00 Pickle Ball 10:00 Just Breath 10:30 Mah Jong 11:15 Fit, Fab and Fun 12:00 Pinochle 00:00 Tai Chi ***	16 9:00 Line Dancing 10:00 Beginning Line Dancing 12:00 Bridge (Full) 12:30 Chair Yoga	17 9:00 Exercise Class 10:00 Conversational Spanish 12:00 Pinochle 12:00 Mah Jong	18 9:00 Line Dancing 10:00 Beginning Line Dancing 11:15 ACBL Bridge – Set Free 12:30 Social Bridge	19 CLOSED FOR JUNETEENTH
22 9:00 Exercise Class 9:00 Pickle Ball 10:00 Just Breath 10:30 Mah Jong 11:15 Fit, Fab and Fun 12:00 Pinochle 00:00 Tai Chi ***	23 9:00 Line Dancing 10:00 Beginning Line Dancing 12:00 Bridge (Full) 12:30 Chair Yoga	24 9:00 Exercise Class 10:00 Conversational Spanish 12:00 Pinochle 12:00 Mah Jong	25 9:00 Line Dancing 10:00 Beginning Line Dancing 11:15 ACBL Bridge – Set Free 12:00 Veterans Group 12:30 Social Bridge	26 9:00 Exercise Class 10:00 Ukelele Lessons 11:00 Ukelele Practice 11:30 Bridge 1:00 Fix-It-Friday* 00:00 Tai Chi ***
29 9:00 Exercise Class 9:00 Pickle Ball 10:00 Just Breath 10:30 Mah Jong 11:15 Fit, Fab and Fun 12:00 Pinochle 00:00 Tai Chi ***	30 9:00 Line Dancing 10:00 Beginning Line Dancing 12:00 Bridge (Full) 12:30 Chair Yoga			

ALL ACTIVITIES HELD AT 399 HEALD LN., FALLBROOK, CA 92028 UNLESS OTHERWISE INDICATED • *Held at the FRHD Community Health & Wellness Center at 1636 E. Mission Rd., Fallbrook, CA 92028 • **Held at the Fallbrook Community Center at 341 Heald Ln., Fallbrook, CA 92028 • ***Membership not required